

Over 200,000 Australian men are living after a diagnosis with prostate cancer

#AskPCFA

MYTH 1



**ONLY OLD BLOKES
GET PROSTATE CANCER**

BUSTED

Age and risk of developing prostate cancer are related. However, there are other factors like genetics, family history, diet and lifestyle that can play a role. If you are a man over 50 (or 40 with a family history of prostate cancer) talk to your doctor about your prostate health.

MYTH 2



**MEN DON'T DIE OF
PROSTATE CANCER**

BUSTED

Whilst approximately 95% of people diagnosed with prostate cancer survive for at least 5 years, around 3,500 Aussie men still die of prostate cancer annually. Prostate cancer is estimated to be the 2nd most common cause of death from cancer in Australian men. If diagnosed early, the chances of a cure are higher.

MYTH 3



**ALL PROSTATE CANCERS
ARE THE SAME**

BUSTED

Research has shown that there are 29 types of prostate cancer. Prostate cancer can be indolent, harmless or of an aggressive nature. It can be contained within the prostate gland, spread to adjacent organs or to other parts of the body. Therefore, treatment for each of these cancers is different. For best outcomes, speak to your doctor about your diagnosis and prostate cancer treatment choices.

**RAISING AWARENESS
SAVES LIVES**

#AskPCFA

pcfa.org.au | 1800 22 00 99

Even if you are not experiencing any symptoms, if you have any concerns, book an appointment with your doctor today.



Prostate Cancer
Foundation of Australia