

Prostate Cancer Foundation of Australia Guide to Resources

PCFA has developed a range of evidence-based resources to assist men, their partners and families following diagnosis of prostate cancer, and to help raise awareness of prostate cancer in the wider community. These resources provide general information about prostate cancer, more detailed information following a diagnosis of prostate cancer, and information for health professionals.

All these resources are **FREE**. They can be downloaded to your mobile device or computer, read online, or you can order copies via the form on our website: <http://pcfa.org.au/publications/>



1 Information Packs for recently diagnosed men and their families

This book contains information on prostate cancer diagnosis, treatment and side effects for men, their partners, families and the community. It is a guide to help direct you to more detailed information and support. This book can be downloaded to your mobile device or computer, read online or available in hard copies.

— Prostate cancer – a guide for newly diagnosed men

2 General Information Leaflets

These leaflets provide general information to help raise awareness of prostate cancer. These booklets are available to read online, download or print on demand.

Each leaflet covers the following topic:

- What you need to know about prostate cancer
- Should I have a PSA test
- About your PSA result
- Support group information



3 Information guides with further detail on specific treatments and side effects

PCFA has developed evidence based Information Guides for men following a diagnosis of prostate cancer who are in the process of deciding on treatment options. They can be downloaded to your mobile device or computer, read online or available in hard copies.

- Understanding surgery
- Understanding radiation therapy
- Understanding active surveillance
- Understanding hormone therapy
- Understanding advanced prostate cancer
- Understanding urinary and bowel problems (Digital copy only)
- Understanding sexual issues (Digital copy only)
- Understanding health and wellbeing
- Understanding prostate cancer for LGBTIQ+ people (Digital copy only)
- Understanding prostate cancer for partners and families (Digital copy only)

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Resources for Health Professionals

PCFA has developed the following evidence-based resources for health professionals:

Monographs in Prostate Cancer

- Practice Framework and Competency Standards for Prostate Cancer Specialist Nurses
- Prostate Cancer Information Needs of Australian Gay and Bisexual Men
- ProsCare: A Psychological Care Model for Men with Prostate Cancer
- Engaging Aboriginal and Torres Strait Islander Communities in Prostate Cancer Health Care Programs
- Economic Modelling of Healthcare Services for Prostate Cancer

Aboriginal and Torres Strait Islander Community resources (Designed for health professionals working with indigenous communities)

- Flipchart 1: Know about your prostate: prevention and living well
- Flipchart 2: Diagnosis, treatment options and challenges: prostate cancer
- Flipchart 3: Support and care: what carers and partners of men with prostate cancer need to know

Clinical Practice Guidelines on PSA testing

- PSA Testing and Early Management of Test-detected Prostate Cancer: A guideline for health professionals
- PSA Testing and Early Management of Test-detected Prostate Cancer: A guideline for health professionals: Short Form Summary Document



To order resources please fill in and submit [the order form](#), or call **1800 220 099** or email enquiries@pcfa.org.au