




Prostate Cancer  
Foundation of Australia

A photograph of a man with short brown hair and a light beard, wearing a teal t-shirt. He is sitting on a beach with the ocean and a cloudy sky in the background. The photo is partially obscured by the text overlay.

**Connect  
with someone  
who has been  
there before.**

## **About MatesCONNECT**

If you've recently been diagnosed with prostate cancer, our MatesCONNECT program can connect you to a trained volunteer who understands what you're going through.

### **All of our volunteers have been through prostate cancer.**

When you call MatesCONNECT, you can ask to speak with a volunteer who knows from first-hand experience what it's like to live with prostate cancer.

You can get practical advice on surgery and treatment, and the side effects of treatment, such as incontinence, erectile dysfunction, and coping with Androgen Deprivation Therapy.

## **MatesCONNECT**



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**A free,  
confidential  
program** to  
help you manage  
prostate cancer.



**All you need to do  
is pick up the phone**


To connect with one of our volunteers,  
simply call 1800 22 00 99.

We'll take your details and find  
a volunteer who suits your situation.

While our volunteers can't give you medical  
advice, they can provide you with an understanding  
of what to expect and give you an insight into  
living with prostate cancer. as incontinence,  
erectile dysfunction, and coping with  
Androgen Deprivation Therapy.

**Call us today**

 1800 22 00 99

 [pcfa.org.au/support/matesconnect/](https://pcfa.org.au/support/matesconnect/)

 [enquiries@pcfa.org.au](mailto:enquiries@pcfa.org.au)

**MatesCONNECT**